



Final meeting: Project results and conclusions

Permacultura Cantabria

“BREAKING THE SILENCE: FIGHT AGAINST
VIOLENCE AND ABUSE OF WOMEN ”,
(2018-1-HU01-KA204-047751)

2nd of September 2020, Spain



Co-funded by the
Erasmus+ Programme
of the European Union



Index



- Meaning of this Project for us
- How we benefit from the Project – Impact tool exercise.
- New tools to prevent, detect, treat & report gender violence and abuse
- SWOT Matrix
- Dissemination
- Sustainability
- Improvements for the future

Meaning of the Project for US

Permacultura Cantabria was including the gender perspective in all their activities as a transversal topic to ensure high quality education for all.

In some other short projects, we also worked to fight the power abuse against vulnerable groups (women, immigrants). However, for our entity, this was the first long term project to specifically approach VAW (violence against women).

Thanks to the project, our staff and community recognized the need to keep working on this important subject and learned new tools to do it.



How we benefit from the project

- We increased our ability to address the needs of vulnerable women
- We raised awareness of women's situation
- We increased our competences for non-formal teaching and adult work
- We offered new opportunities for career development to our staff
- We raised the quality of our international work



Check the impact tool exercise for this project [here](#).



New practices/tools learned

- We learned about women situation in each contry
- Transactional Analysis (to prevent, recognise and fight emotional and psychological violence and manipulation)
- How to accompany and empower female victims (from responsables of different Intervention Centers, testimonials of abused women, human right activists or feminist artists)
- How to work on gender equality in a school context
- Digital Storytelling (to make gender violence visible and rise awareness about women situation)
- Emotional management tools to deal with and overcome situations of gender violence and abuse

SWOT Matrix

INTERNAL		EXTERNAL	
STRENGTHS	WEAKNESSES	OPPORTUNITIES	THREATS
<ul style="list-style-type: none"> - Entities with different expertise from different countries – diversity of methods and knowledge was shared and learned - All entities were truly interested in working on the topic, which ensures project sustainability - Many involved and engaged professionals on board – contact people remained the same but many adult trainers and collaborators participated in the project activities - High dissemination capacity – all entities used their own channels to disseminate project results reaching a large audience 	<ul style="list-style-type: none"> - Communication and conflict resolution could probably have been better, but people was very supportive and professional despite conflicts. - Press coverage is difficult to achieve in rural areas. 	<ul style="list-style-type: none"> - We took advantage of local entities working on the topic, inviting them to collaborate in mobilities and project dissemination - DST videos and other materials created in the project could be used for future initiatives - The Project really helped us to understand the needs of vulnerable women in the partners countries. This is a wonderful base to design more specific and ambitious projects on gender equality. 	<ul style="list-style-type: none"> - It was really difficult to get an answer from flight companies in case of flight cancellation, so it was hard to justify force majeure. - COVID situation forced to cancel the course in Spain, internal workshops in each country and some other in person activities planned to disseminate the project results - COVID situation makes difficult to plan new projects related to gender equality with mobilities, so we'll need to think about virtual mobilities to keep sharing and learning.



Dissemination

*We created excellent materials for results dissemination and exploitation: a poster per mobility, learning materials for the activities, DST videos, presentations of project conclusions/results, impact tool exercise.

*We suggest this for the missing part of the dissemination plan:

- EPALÉ article – Kata, are you going to publish one?
- Internal workshops to transfer the knowledge acquired by course participants to the rest of the entities' staff – we can share our presentations with Project conclusions and useful materials in a virtual meeting with our staff.
- Publishing presentations about the women situation we did last year.

*We already updated the dissemination file with all our dissemination activities: https://docs.google.com/spreadsheets/d/192zhT_0fTRcYQv_XCV9dgsBaf9qnlpwosB7nV3vcd/

[192zhT_0fTRcYQv_XCV9dgsBaf9qnlpwosB7nV3vcd](https://docs.google.com/spreadsheets/d/192zhT_0fTRcYQv_XCV9dgsBaf9qnlpwosB7nV3vcd/)

Project sustainability

Permacultura Cantabria is already involved in other projects aimed to combat violence and power abuse in which we will be using the results of this project:

1. 204 Meet me half way (2018-1-PL01-KA204-051111) More info: <https://www.permaculturacantabria.com/mmh-meet-me-half-way/>
2. Emotional Management: Tool to Fight Social Media Dependency (2019-1-RO01-KA201-063830). More info: <https://www.permaculturacantabria.com/social-media-dependency/>
3. Arising conciousness in Youth about Everyday Sexism (2019-3-FR02-KA105-016814). More info: <https://ec.europa.eu/programmes/erasmus-plus/projects/eplus-project-details/#project/2019-3-FR02-KA105-016814>
4. AMORE: Adults´ MicrOmachismo ReEducation (2020-1-HU01-KA204-078666). Just approved.

Lesson learned- Improvements

To better communicate our expectations and fears

To implement some management tools from the beginning - risks assesment, impact tool, etc

To improve internal communication and communication with the other entities

To manage unexpected situations – COVID -

We are quite happy with the project results and impact, even the course was cancelled

We really want to keep working on the topic

We really want to keep working with our partners

A close-up, slightly blurred photograph of a woman's face, focusing on her wide, joyful smile. Her teeth are bright white, and her lips are a natural pinkish-red. Her dark, curly hair is visible on the left side of the frame, framing her face. The background is a soft, out-of-focus grey.

Thanks for breaking the silence!!